



ITEC COURSES



COURSE

COURSE DESCRIPTION

1. LEVEL 2 CERTIFICATE IN MANICURE AND PEDICURE

**80,000 KSH
(KIT INCLUDED)**



COURSE DELIVERY : Theory and Practical
COURSE PREREQUISITE: None
COURSE DURATION : 1 month

Level 2 Certificate in Manicure and Pedicure is designed to equip learners with the practical and theoretical skills needed to provide professional manicure and pedicure treatments. This qualification is ideal for those seeking employment in the beauty therapy industry. The main aim of this qualification is to enable learners to:

- Deliver professional manicure and pedicure treatments to the general public
- Gain the knowledge and skills required to succeed in the beauty therapy sector
- Build a pathway for further training and career development.

WHAT YOU WILL LEARN:

- Care of the hands and feet, including nail care, exfoliation, massage, and nail painting
- Health and safety, client care, and communication essential skills for a successful career
- Understanding the anatomy and physiology of the skin and nails
- Recognizing common diseases and disorders, and knowing when a client should or should not receive treatment.
- Developing essential professional skills such as client communication, teamwork, and problem solving
- Building personal qualities and techniques required for employment as a manicurist/pedicurist

2. LEVEL 2 CERTIFICATE IN WAXING

**70,000 KSH
(KIT INCLUDED)**

Level 2 Certificate in Waxing is designed to equip learners with the practical and theoretical skills needed to provide professional waxing treatments to the public and pursue a career in the beauty therapy industry. This qualification offers Level 2 occupational competence and provides a solid foundation for further study at Level 3.

COURSE



COURSE DELIVERY : Theory and Practical

COURSE PREREQUISITE: None

COURSE DURATION : 1.5 month

3. LEVEL 2 CERTIFICATE IN BEAUTY SPECIALISTS

**120,000 KSH
(KIT INCLUDED)**



COURSE DESCRIPTION

This qualification is ideal for anyone looking to work in the beauty industry. Learners will gain hands-on experience in:

- Waxing techniques, including hot and cold wax methods
- Health and safety practices
- Client care and communication

WHAT YOU WILL LEARN:

- Understanding of the anatomy and physiology of skin and hair, and recognition of common diseases and disorders that may affect treatment suitability
- Opportunities to develop broader skills such as client communication, teamwork, and problem solving
- The chance to cultivate personal qualities and professional attitudes essential for a successful career as a waxing specialist

The ITEC Level 2 Certificate for Beauty Specialists equips learners with the practical and theoretical skills to provide facial skincare and eye treatments professionally. This qualification offers Level 2 occupational competence and provides a strong foundation for further study at Levels 2 and 3.

WHAT YOU WILL LEARN:

- Facial skincare: cleansing, skin analysis, pre-heat treatments, exfoliation, facial massage, and face masks
- Eyebrow and eyelash care: shaping, lash and brow tinting
- Health and safety, client care, and communication skills essential for working in the beauty industry

COURSE DELIVERY : Theory and Practical

COURSE PREREQUISITE: None

COURSE DURATION : 1.5 month

COURSE

COURSE DESCRIPTION

4. LEVEL 2 CERTIFICATE IN MAKE-UP

**120,000 KSH
(KIT INCLUDED)**



COURSE DELIVERY : Theory and Practical
COURSE PREREQUISITE: None
COURSE DURATION : 1.5 month

The ITEC level 2 Certificate in Make-up is designed to give learners the essential practical skills and theoretical knowledge needed to provide professional make-up services. This qualification builds confidence, competence, and a strong foundation for further training at Levels 2 and 3, as well as future employment within the make-up industry. This qualification is perfect for those looking to begin a career in the vibrant world of make-up.

WHAT YOU WILL LEARN:

- Full application of professional make-up products
- Skin analysis and preparation
- Identifying face, eye, lip, and nose shapes
- Corrective make-up techniques
- Airbrush make-up
- Creating day, evening, special occasion, and bridal looks

5. LEVEL 3 CERTIFICATE IN ACCESS TO AESTHETICS

**200,000 KSH
(KIT INCLUDED)**



The ITEC Level 3 Certificate in Access to Aesthetic Therapies is designed for individuals who are new to beauty therapy and want to build the essential foundation needed to progress into advanced aesthetic training at Level 4 and beyond.

WHAT DOES THIS QUALIFICATION COVER?

- Health and safety in the salon
- Skin analysis and facial skincare
- Consultation and client care
- Anatomy, physiology and pathology
- Electrical science

COURSE DELIVERY : Theory and Practical
COURSE PREREQUISITE: None
COURSE DURATION : 2.5 month

COURSE

COURSE DESCRIPTION

6. LEVEL 3 DIPLOMA IN INDIAN HEAD MASSAGE

**60,000 KSH
(KIT INCLUDED)**



COURSE DELIVERY : Theory and Practical
COURSE PREREQUISITE: None
COURSE DURATION : 2.5 month

The ITEC Level 3 Diploma in Indian Head Massage is designed to equip learners with the practical skills and theoretical knowledge needed to deliver professional Indian head massage treatments. This course prepares learners for employment within the massage industry. It provides full occupational competence at Level 3 and serves as an excellent foundation for further study at Levels 3 and 4.

WHAT YOU WILL LEARN:

- Indian head massage techniques client needs
- Industry legislation, safe working practices, and professional standards
- Client care, communication, and consultation skills
- Anatomy, physiology, and common conditions that may affect treatment suitability
- Principles and practices of complementary therapies
- Professional conduct and business awareness within a complementary therapy setting

7. LEVEL 3 CERTIFICATE IN LYMPHATIC DRAINAGE MASSAGE

**120,000 KSH
(KIT INCLUDED)**



The ITEC Level 3 Certificate in Lymphatic Drainage Massage is designed to equip learners with the practical and theoretical expertise needed to provide professional lymphatic drainage massage treatments.

WHAT YOU WILL LEARN:

- Health & safety, professionalism, client care
- Lymphatic system basics and treatment considerations
- Core skills: teamwork, problem-solving, client communication
- Key qualities and techniques for massage therapy success

COURSE DELIVERY : Theory and Practical
COURSE PREREQUISITE: None
COURSE DURATION : 1.5 month

COURSE

COURSE DESCRIPTION

8. LEVEL 3 DIPLOMA IN MASSAGE THERAPIES

**200,000 KSH
(KIT INCLUDED)**



COURSE DELIVERY : Theory and Practical
COURSE PREREQUISITE: None
COURSE DURATION : 3 month

The ITEC Level 3 Diploma in Massage Therapies is designed to provide learners with the comprehensive practical and theoretical skills needed to deliver a range of professional massage treatments. This qualification prepares learners for employment in the spa and beauty therapy industries. It offers full occupational competence at Level 3, and provides an excellent foundation for further training at Levels 3 and 4.

WHAT YOU WILL LEARN:

- Consultation: treatment planning, contraindications, body types, postural faults
- Body massage: classical techniques, mediums, mechanical methods, adaptable treatments
- Aromatherapy: choosing and using pre-blended oils for client needs
- Stone therapy: classical moves, trigger points, hot/cold/semi-precious stones

9. LEVEL 3 DIPLOMA IN REFLEXOLOGY TREATMENTS

**100,000 KSH
(KIT INCLUDED)**



COURSE DELIVERY : Theory and Practical
COURSE PREREQUISITE: None
COURSE DURATION : 3.5 month

The ITEC Level 3 Diploma in Reflexology equips learners with the practical and theoretical skills needed for professional reflexology practice. It prepares students for work in beauty and complementary therapy settings, provides full Level 3 occupational competence, and offers a solid pathway for further study.

WHAT YOU WILL LEARN:

- Practical and theoretical reflexology skills
- Prepares learners for beauty and complementary therapy careers
- Provides full Level 3 occupational competence
- Strong foundation for further Level 3–4 study

COURSE

COURSE DESCRIPTION

10. LEVEL 3 DIPLOMA IN HOLISTIC MASSAGE

**200,000 KSH
(KIT INCLUDED)**



COURSE DELIVERY : Theory and Practical

COURSE PREREQUISITE: None

COURSE DURATION : 2.5 month

ITEC Level 3 Diploma in Holistic Massage is designed to equip learners with the practical and theoretical expertise needed to deliver professional holistic massage treatments. This qualification prepares learners for employment in the massage industry, and provides full occupational competence at Level 3. It also offers an excellent foundation for further study at Levels 3 and 4.

WHAT YOU WILL LEARN:

- Consultation: client needs, suitability, contra indications, referrals, aftercare
- Health & safety: hygiene and safe practice in massage settings
- Holistic massage: mediums, classical movements, adapting to client needs
- Anatomy & physiology: conditions affecting treatment suitability

11. LEVEL 3 EXTENDED DIPLOMA IN SPORTS MASSAGE

**150,000 KSH
(KIT INCLUDED)**



COURSE DELIVERY : Theory and Practical

COURSE PREREQUISITE:

Level 3 diploma in anatomy & physiology

COURSE DURATION : 3 months

The ITEC Level 3 Extended Diploma in Sports Massage provides the practical and theoretical skills needed for professional sports massage. It prepares learners for employment in the sports industry, offers full Level 3 occupational competence, and forms a strong foundation for further Level 3–4 study.

WHAT YOU WILL LEARN:

- Consultation: consent, posture/movement assessment, contraindications, referrals, plans
- Sports massage: safe setup, pre/post-event work, key techniques (MLD, NMT, MET, STR, CTM, PNF), cryo/thermotherapy, aftercare
- Anatomy & injuries: A&P, injury prevention, common sports injuries, treatment suitability
- Employability skills: communication, teamwork, problem-solving
- Professional qualities and techniques for sports massage practice

COURSE

COURSE DESCRIPTION

12. LEVEL 4 AWARD IN SKIN PEELING

**80,000 KSH
(KIT INCLUDED)**



COURSE DELIVERY : Theory and Practical

COURSE PREREQUISITE:

Level 3 in beauty therapy or equivalent

COURSE DURATION : 1month

This qualification aligns with employer requirements and national occupational standards for beauty therapy, providing everything needed to work effectively as a commercial skin peeling practitioner.

WHAT YOU WILL LEARN:

- Principles & practice of non-medical aesthetic therapies
- Advanced consultation techniques
- Advanced skin care skills
- Provision of Skin Peeling Treatments
- Advanced Level 4 anatomy & physiology knowledge
- Strong health, safety, consultation, and client analysis skills
- Deeper understanding of Level 4 aesthetic therapy principles valued by employers

13. LEVEL 4 AWARD IN SKIN NEEDLING

**130,000 KSH
(KIT INCLUDED)**



COURSE DELIVERY : Theory and Practical

COURSE PREREQUISITE:

Level 3 in beauty therapy or equivalent

COURSE DURATION : 1month

The ITEC Level 4 Award in Skin Needling is an advanced therapy qualification designed for Level 3 qualified practitioners who wish to expand their portfolio of aesthetic treatments. Learners must hold a Level 3 beauty therapy qualification or equivalent.

WHAT YOU WILL LEARN:

- Client consultations and skin assessments
- Creating personalized treatment plans
- Preparing and performing skin-needling treatments
- Delivering pre- and post-treatment care
- Mandatory unit: Provide Cosmetic Skin Needling Treatments
- Builds skills for safe, professional, effective skin needling

COURSE

COURSE DESCRIPTION

14. LEVEL 4 CERTIFICATE IN SKIN PEELING

**100,000 KSH
(KIT INCLUDED)**



The ITEC Level 4 Certificate in Skin Peeling is an advanced therapy qualification created for Level 3 qualified practitioners who wish to expand their range of aesthetic treatment offerings. Learners must hold a Level 3 beauty therapy qualification or equivalent

WHAT YOU WILL LEARN:

- Advanced anatomy, physiology, and Level 4 health & safety
- Skills for advanced consultations and safe skin-peeling treatments
- Improved communication and customer service
- Strong understanding of Level 4 aesthetic therapy principles and standards

COURSE DELIVERY : Theory and Practical

COURSE PREREQUISITE:

Level 3 in beauty therapy or equivalent

COURSE DURATION : 1.5 month

15. LEVEL 4 CERTIFICATE IN SKIN NEEDLING

**150,000 KSH
(KIT INCLUDED)**



Course description: The ITEC Level 4 Certificate in Skin Needling is an advanced therapy qualification designed for Level 3 qualified practitioners. Learners must hold a Level 3 beauty therapy qualification or equivalent to enroll.

WHAT YOU WILL LEARN:

- Gain Level 4 A&P and health & safety knowledge
- Develop advanced consultation and treatment planning skills
- Deliver safe, effective skin-needling treatments
- Improve communication and customer service
- Deepen understanding of Level 4 aesthetic therapy principles

COURSE DELIVERY : Theory and Practical

COURSE PREREQUISITE:

Level 3 in beauty therapy or equivalent

COURSE DURATION : 1.5 month

COURSE

COURSE DESCRIPTION

16. LEVEL 4 DIPLOMA IN LASER AND LIGHT TREATMENTS

150,000 KSH
(KIT INCLUDED)

The VTCT Skills (ITEC) Level 4 Diploma in Laser and Light Treatments equips learners with advanced practical and theoretical skills for professional laser and light-based therapies. It provides full Level 4 occupational competence for learners aged 18+ and serves as a strong foundation for further specialist training.

WHAT YOU WILL LEARN:

- Client care, communication, and ageing physiology knowledge
- Strong A&P understanding for treatment suitability
- Skills in communication, teamwork, and problem-solving
- Professional qualities and techniques for laser/light technician roles

COURSE DELIVERY :Theory and Practical
COURSE PREREQUISITE:Level 3 in beauty therapy or equivalent
COURSE DURATION : 3 month

17. LEVEL 4 DIPLOMA IN LASER AND INTENSE PULSED LIGHT TREATMENTS

150,000 KSH
(KIT INCLUDED)

The ITEC Level 4 Diploma in Laser and IPL Treatments equips learners with advanced skills to deliver safe, effective laser and light therapies. It provides full Level 4 occupational competence, prepares learners for beauty industry employment, and offers a strong foundation for advanced aesthetic training.

WHAT YOU WILL LEARN:

- Laser & IPL: consultation, skin/hair analysis, contraindications, tests, and tailored treatments
- Health & safety, client care, communication
- Core theory: skin & hair A&P, conditions affecting suitability
- Communication, teamwork, problem-solving
- Technical skills and behaviours for IPL therapist roles

COURSE DELIVERY :Theory and Practical
COURSE PREREQUISITE:Level 3 in beauty therapy or equivalent
COURSE DURATION : 1.5 month

COURSE

COURSE DESCRIPTION

18. LEVEL 4 AWARD IN PRINCIPLES AND PRACTICE OF AESTHETIC THERAPIES

**60,000 KSH
(KIT INCLUDED)**



ITEC Level 4 Award in Principles and Practice of Aesthetic Therapies is an advanced qualification designed for Level 3 qualified practitioners who wish to expand their expertise and broaden their range of treatment offerings within the aesthetic sector.

WHAT YOU WILL LEARN:

- History and development of aesthetic therapies
- Client wellbeing, health & safety, and safe treatment environments
- Contra-actions, hygiene, and emergency procedures
- Research skills: sourcing and interpreting information
- Evaluating information for evidence-based practice
- Principles and practice of aesthetic therapies

COURSE DELIVERY : Theory and Practical
COURSE PREREQUISITE:

Level 3 in beauty therapy or equivalent

COURSE DURATION : 2 weeks

19. LEVEL 4 DIPLOMA IN ADVANCED AESTHETICS

**3 OPTIONS:
250,000-300,000KSH
(KIT INCLUDED)**



The ITEC Level 4 Diploma in Advanced Aesthetic Treatments is an advanced qualification designed for Level 3 qualified practitioners who wish to expand their treatment portfolio and progress into employment as a Level 4 Aesthetic Practitioner.

WHAT YOU WILL LEARN:

- Principles, Practice and Ethics of Advanced Aesthetic Therapies
- Investigative Consultation for Advanced Aesthetic Therapies
- Skin Science for Advanced Aesthetic Therapies

COURSE DELIVERY : Theory and Practical
COURSE PREREQUISITE:

Level 2 & Level 3 in beauty therapy or equivalent

COURSE DURATION : 4 month

COURSE

COURSE DESCRIPTION

20. LEVEL 5 AWARD IN SKIN PEELING

120,000 KSH
(KIT INCLUDED)

The ITEC Level 5 Award in Skin Peeling Treatments is an advanced aesthetic qualification designed for Level 4 qualified who wish to expand their treatment portfolio by offering superficial chemical skin peeling techniques.

WHAT YOU WILL LEARN:

- Relevant industry regulations and requirements
- Safe practice and treatment protocols for chemical peeling
- Client consultation, assessment and treatment planning
- Delivery of safe and effective superficial chemical peeling procedures

COURSE DELIVERY : Theory and Practical

COURSE PREREQUISITE: Level 4

COURSE DURATION : 3 Weeks

21. LEVEL 6 AWARD IN MESO-THERAPY

120,000 KSH
(KIT INCLUDED)

The ITEC Level 6 Award in Mesotherapy Treatments is an advanced aesthetic qualification designed for Level 5 qualified practitioners who wish to expand their treatment portfolio by offering professional mesotherapy procedures.

WHAT YOU WILL LEARN:

- Mesotherapy techniques for skin enhancement
- Legislation, regulations, and professional standards
- Safe practice and mesotherapy treatment protocols
- Advanced consultation, skin assessment, and planning
- Performing mesotherapy treatments

COURSE DELIVERY : Theory and Practical

COURSE PREREQUISITE: Level 5 needling or mesotherapy qualification or equivalent.

COURSE DURATION : 3 Weeks

COURSE

COURSE DESCRIPTION

22. LEVEL 6 CERTIFICATE IN ADVANCED CHEMICAL PEELING

**150,000 KSH
(KIT INCLUDED)**



The ITEC Level 6 Certificate in Advanced Chemical Skin Peeling is an advanced therapy qualification for Level 3 qualified beauty practitioners. This course enables you to expand your treatment offerings and work confidently as a commercial skin peeling practitioner.

WHAT YOU WILL LEARN:

- A&P and health & safety for advanced aesthetics
- Consultation, assessment, and planning
- Chemical skin-peeling treatment delivery
- Communication and customer service skills
- Knowledge of Level 4–6 aesthetic principles

COURSE DELIVERY : Theory and Practical
COURSE PREREQUISITE:

Level 3 in beauty therapy or equivalent

COURSE DURATION : 2.5 months

23. LEVEL 6 CERTIFICATE IN ADVANCED SKIN NEEDLING

**170,000 KSH
(KIT INCLUDED)**



The ITEC Level 6 Certificate in Advanced Skin Needling is an advanced therapy qualification designed for Level 3 qualified beauty practitioners. This course allows practitioners to expand their treatment offerings and deliver professional skin needling treatments safely and effectively.

WHAT YOU WILL LEARN:

- A&P and health & safety for Level 4–6 aesthetics
- Consultation, assessment, and planning
- Advanced skin-needling treatment delivery
- Communication, customer service & professional skills
- Broad knowledge of advanced aesthetic therapy practices

COURSE DELIVERY : Theory and Practical

COURSE PREREQUISITE: Level 3 qualified beauty practitioners.

COURSE DURATION : 2.5 months

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COURSE

COURSE DESCRIPTION

24. MANUAL FACIAL CERTIFICATE



To provide candidates the required information and qualification to be able to efficiently and effectively work as skin care therapists offering facial treatments including cleansing technique; skin analysis; tinting and shaping; deepcleansing with brush machine, steamer and exfoliation products; facial massage; mask

**120,000 KSH
(KIT INCLUDED)**

COURSE DELIVERY : Theory and Practical

COURSE PREREQUISITE: None

COURSE DURATION : 2 month

25. FACIAL CERTIFICATE



To provide candidates the required information and qualification to be able to efficiently and effectively work as skin care therapists offering facial treatments including cleansing technique; skin analysis; deep cleansing with steamer and exfoliation products; facial massage; mask applications and day care application.

**120,000 KSH
(KIT INCLUDED)**

COURSE DELIVERY : Theory and Practical

COURSE PREREQUISITE: None

COURSE DURATION : 1.5 month

COURSE**COURSE DESCRIPTION****26. SKINCARE DIPLOMA**

To provide candidates the required information and qualification to be able to efficiently and effectively work as skin care therapists including facials with electrical treatments, waxing and make-up.

**200,000 KSH
(KIT INCLUDED)**

COURSE DELIVERY :Theory and Practical
COURSE PREREQUISITE: None
COURSE DURATION : 4 month

27. BODY THERAPY DIPLOMA

To provide candidates the required information and qualification to be able to efficiently and effectively work as body therapists including body treatments with electrical treatments and massage.

**350,000 KSH
(KIT INCLUDED)**

COURSE DELIVERY :Theory and Practical
COURSE PREREQUISITE: None
COURSE DURATION : 4.5 month

COURSE

COURSE DESCRIPTION

28. ONCOLOGY WELLNESS DIPLOMA

**250,000 KSH
(KIT INCLUDED)**



This course provides the learners the knowledge, skills and a solid foundation in Oncology and Wellness from which to understand their evidence-based supportive role and therapeutic relationship throughout the client journey. The diploma is being designed to unite the medical world of oncology with the world of wellness and beauty therapy.

WHAT YOU WILL LEARN:

- Oncology Wellness foundation
- Anatomy & Physiology
- Oncology massage
- Skin/Dermatology
- Aesthetic treatments, including manicure
- Cosmetic science, cosmetic reconstructive surgery

COURSE DELIVERY :Theory and Practical
COURSE PREREQUISITE: None
COURSE DURATION : 3.5 month

30. AESTHETICS DIPLOMA



To give candidates the required information to be able to efficiently and effectively operate in a business where fundamental basic managerial skills and techniques are required. The course is designed to give candidates a more comprehensive understanding of how to manage all aspects within a beauty salon and/or spa environment.

**300,000 KSH
(KIT INCLUDED)**

COURSE DELIVERY :Theory and Practical
COURSE PREREQUISITE: None
COURSE DURATION : 4.5 month

COURSE**COURSE DESCRIPTION****31. DIPLOMA IN BEAUTY SPA MANAGEMENT**

To give candidates the required information to be able to efficiently and effectively operate in a business where fundamental basic managerial skills and techniques are required. The course is designed to give candidates a more comprehensive understanding of how to manage all aspects within a beauty salon and/or spa environment.

**200,000 KSH
(KIT INCLUDED)**

COURSE DELIVERY :100% Online
COURSE PREREQUISITE: None
COURSE DURATION : 2 months